



SILVER THREADS SENIORS CLUB OF PETAWAWA

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NEWSLETTER – September 2014

Silver Threads Seniors Club List of Regular Weekly Activities

Activity	Day/Time	Convener	Phone	End/Start Date
Bingo	Tuesday 1pm	Marie Arnold	687-8463	On-going
Contract Bridge	Monday 1pm	Lise Bourque	687-4812	On-going
Euchre	Friday 7pm	Kay Saunders	687-4752	On-going
FAB Fitness	Mon., Wed. & Fri. 10am	Marg LaCroix	687-4964	On-going
Quilting	Friday 9am	Marg LaCroix	687-4964	On-going
Swedish Weaving	Monday 9am, Thurs 1pm	Marion McNeil	687-6664	On-going
Tole Painting	Wednesday 10am	Bev Grady	687-6601	On-going
Water Colour Painting	Thursday 10am	Carolyn Eaton	687-8573	On-going
Yoga	Thursday 9:15am	Barbara Bailey	687-4547	On-going
Line Dancing	Thursday 10:30am	Barbara Bailey	687-4547	On-going

Please note: There is a small participation fee for each of these activities.

For more information regarding any of these activities, please call the Club at 613-687-6574 or the convener of the activity.

**Our Strength is Fellowship,
Our Success is Participation**

We would love to hear from you about any special activities or different programs you would like to see us start up. You can call the office or send us an email and we will do a survey to see if anyone would be interested.

CLUB NEWS & UPCOMING ACTIVITIES

Most activities are now up and running again after a summer break. **Fitness starts on October 6th. **

August 28th: The club went to Perth to see "Dial M for Murder".

September 11th: Open house/Wine & Cheese from 2-4pm. Free Admission. Come on out and see what the club offers for seniors.

Andre Lavigne will be at the open house with information on the 55 Alive Mature Drivers course.

September 24th: 1pm - Kathleen from **Hubert's Springhill Nursery** will be here to talk about fall gardening and preparing your garden for winter. Admission is free. Tea/coffee and snacks will be served.

October 6-24th: The food drive will be from October 6-24th.

October 23rd: Oktoberfest Dinner/Dance. The cost is \$25 per Member and \$30 per guest. Catering is by Schmidt's and music is by Landry & Madill. Tickets go on sale September 22nd.

It's time to start thinking of people you would like to see as President, Vice President and executive members. Elections are coming up soon.

Membership:

Membership fee for the new fiscal year (April 1, 2014 – March 31, 2015) is \$25. After November 30, new members pay a reduced rate of **\$15** for the balance of the current fiscal year.

Members who are 90 years of age or older will receive free memberships, commencing in the fiscal year after their 90th birthday.

Do you have a special talent?

Are you knowledgeable in a certain topic?

We would love to hear from you.
Contact the office at
613-687-6574
Monday, Tuesday and Wednesday
From 9am-1pm.

We hope everyone had a great



and

Welcome to Autumn!





A man was working in his yard when a car came crashing through the hedge and ended up in his garden. He rushed to help an elderly lady out of the car and sat her down on a lawn chair.

He said to her, "You appear quite elderly to be driving."

"Well, yes I am," she proudly replied. "I'll be 97 next month and I am now old enough that I don't even need a driver's license."

He asked "How do you know that?"

She replied, "The last time I saw my doctor he asked if I had a driver's license. I told him yes and handed it to him. He took a pair of scissors, cut it up and threw it in the garbage. He said you won't need this anymore. So I thanked him and left."

